



# Child Nutrition

## Free To-Go Meal Information

**July  
2021**

We will be offering FREE To-Go meals to ANY child or young adult 18 years and younger beginning Monday, June 7th. These FREE meals are also available to LCS enrolled EC students over the age of 18. All sites are drive-through sites only. Families are asked to stay in their cars and may pull up to the designated area. The drive-through area will be located at the bus entrance of each school. Students do not have to be present. Parents/Guardians may pick up meals to take to students and younger siblings at home.

**Time: 11:00 am to 1:00 pm**

**FREE Feeding Sites:**

Battleground Elementary

Lincolnton Middle

Childers Elementary

Pumpkin Intermediate

East Lincoln High

West Lincoln Middle

### Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Poptart Juice Milk	Appleways Bar Juice Milk	Super Donut Juice Milk	Cocoa Puffs Cereal Juice Milk	Chocolate Chip Muffin Juice Milk	Cinnamon Roll Juice Milk	Froot Loops Cereal Juice Milk

### Lunch

**\*Sites will be closed on Monday, July 5th. Meals for this day will be included in the weekend pack on Friday, July 2nd.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PB&J Sandwich <sup>6/27</sup> Yogurt Carrot Sticks Orange Milk	Hot Dog <sup>6/28</sup> Mashed Potatoes Mixed Fruit Milk	Popcorn Chicken <sup>6/29</sup> Pickle Chips Sliced Peaches Milk	Cheeseburger <sup>6/30</sup> Coleslaw Banana Milk	Beef Nachos <sup>7/1</sup> Whole Kernel Corn Apple Milk	Cheese Dippers <sup>7/2</sup> Marinara Cup Carrot Sticks Frozen Fruit Cup Milk	Turkey & Cheese <sup>7/3</sup> Sandwich Pickle Chips Applesauce Milk
PB&J Sandwich <sup>7/4</sup> Yogurt Carrot Sticks Orange Milk	<b>*See note above</b> <sup>7/5</sup> Ham & Cheese Sandwich String Cheese Fruit Juice Mixed Fruit Milk	Deluxe Chicken Sandwich <sup>7/6</sup> Pickle Chips Sliced Peaches Milk	Cheeseburger <sup>7/7</sup> Coleslaw Banana Milk	Beef Nachos <sup>7/8</sup> Whole Kernel Corn Apple Milk	Cheese Dippers <sup>7/9</sup> Marinara Cup Carrot Sticks Frozen Fruit Cup Milk	Turkey & Cheese <sup>7/10</sup> Sandwich Pickle Chips Applesauce Milk
PB&J Sandwich <sup>7/11</sup> Yogurt Carrot Sticks Orange Milk	Hot Dog <sup>7/12</sup> Mashed Potatoes Mixed Fruit Milk	Popcorn Chicken <sup>7/13</sup> Pickle Chips Sliced Peaches Milk	Cheeseburger <sup>7/14</sup> Coleslaw Banana Milk	Beef Nachos <sup>7/15</sup> Whole Kernel Corn Apple Milk	Cheese Dippers <sup>7/16</sup> Marinara Cup Carrot Sticks Frozen Fruit Cup Milk	Turkey & Cheese <sup>7/17</sup> Sandwich Pickle Chips Applesauce Milk
PB&J Sandwich <sup>7/18</sup> Yogurt Carrot Sticks Orange Milk	Corn Dog <sup>7/19</sup> Mashed Potatoes Mixed Fruit Milk	Deluxe Chicken Sandwich <sup>7/20</sup> Pickle Chips Sliced Peaches Milk	Cheeseburger <sup>7/21</sup> Coleslaw Banana Milk	Beef Nachos <sup>7/22</sup> Whole Kernel Corn Apple Milk	Cheese Dippers <sup>7/23</sup> Marinara Cup Carrot Sticks Frozen Fruit Cup Milk	Turkey & Cheese <sup>7/24</sup> Sandwich Pickle Chips Applesauce Milk
PB&J Sandwich <sup>7/25</sup> Yogurt Carrot Sticks Orange Milk	Hot Dog <sup>7/26</sup> Mashed Potatoes Mixed Fruit Milk	Popcorn Chicken <sup>7/27</sup> Pickle Chips Sliced Peaches Milk	Cheeseburger <sup>7/28</sup> Coleslaw Banana Milk	Beef Nachos <sup>7/29</sup> Whole Kernel Corn Apple Milk	Cheese Dippers <sup>7/30</sup> Marinara Cup Carrot Sticks Frozen Fruit Cup Milk	Turkey & Cheese <sup>7/31</sup> Sandwich Pickle Chips Applesauce Milk

**\*\*Each day you will receive both a lunch for that day and a breakfast for the following morning. \*\***

**\*\*You will receive your weekend meals along with your Friday meals. \*\* \*\*Menu may vary depending on product availability. \*\***