

# Lincoln County Schools ~ High School Menu ~ August 2019

## Breakfast Meal Prices

Students: Free  
 Guest (staff & visitors): \$1.65

## Lunch Meal Prices

High School Students: \$2.90  
 Reduced price students: \$.40  
 Guest (staff & visitors): \$3.65

## Breakfast

### Monday

Chocolate Chip Muffin  
 Cereal & Grahams  
 Fresh Fruit & Fruit Juice  
 Choice of Milk

### Tuesday

Sausage Biscuit  
 Cereal & Grahams  
 Fresh Fruit & Fruit Juice  
 Choice of Milk

### Wednesday

Pancakes with Syrup  
 Cereal & Grahams  
 Fresh Fruit & Fruit Juice  
 Choice of Milk


### Thursday

Cinnamon Roll  
 Cereal & Grahams  
 Fresh Fruit & Fruit Juice  
 Choice of Milk

### Friday

Super Donut  
 Cereal & Grahams  
 Fresh Fruit & Fruit Juice  
 Choice of Milk

## Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>8/12</b> Pepperoni Pizza Deluxe Chicken Sandwich Italian Hoagie Spicy Fries Cucumber Salad Glazed Carrots Mixed Fruit	<b>8/13</b> Stuffed Crust Cheese Pizza Bacon Cheeseburger Popcorn Chicken w/Roll Chef Salad w/Roll French Fries Whole Kernel Corn Lima Beans Mandarin Oranges	<b>8/14</b> Personal Pepperoni Pizza Spicy Chicken Sandwich Cheese Dippers w/Marinara Sweet Potato Fries Oven Roasted Potatoes Green Beans Sliced Peaches	<b>8/15</b> Supreme Pizza Cheeseburger/Hamburger Oven Fried Chicken w/Roll Chef Salad w/Roll Mashed Potatoes Green Peas Carrot Sticks with Ranch Baked Apples	<b>8/16</b> Meat Eaters Pizza Chicken Club Sandwich Totally Taco Spicy Fries Pinto Beans Corn on the Cob Pear Halves
<b>8/19</b> Pepperoni Pizza Deluxe Chicken Sandwich Baked Spaghetti w/Roll Spicy Fries Cucumber Salad Glazed Carrots Fruit Crisp	<b>8/20</b> Stuffed Crust Cheese Pizza Bacon Cheeseburger Corn Dog Chef Salad w/Roll Oven Roasted Potatoes Steamed Broccoli Cucumber Salad Rosy Applesauce	<b>8/21</b> Personal Pepperoni Pizza Spicy Chicken Sandwich South of the Border Bowl Spicy Fries Pinto Beans Carrot Sticks with Ranch Pineapple Bits	<b>8/22</b> Supreme Pizza Cheeseburger/Hamburger BBQ Sandwich Chef Salad w/Roll Sweet Potato Fries French Fries Coleslaw Jello with Mixed Fruit	<b>8/23</b> Meat Eaters Pizza Chicken Club Sandwich Fish Sandwich Spicy Fries Baked Beans Whole Kernel Corn Sliced Peaches
<b>8/26</b> Pepperoni Pizza Deluxe Chicken Sandwich Italian Flatbread Spicy Fries Cucumber Salad Glazed Carrots Mixed Fruit	<b>8/27</b> Stuffed Crust Cheese Pizza Bacon Cheeseburger Popcorn Chicken w/Roll Chef Salad w/Roll French Fries Whole Kernel Corn Lima Beans Mandarin Oranges	<b>8/28</b> Personal Pepperoni Pizza Spicy Chicken Sandwich Cheese Dippers w/Marinara Sweet Potato Fries Oven Roasted Potatoes Green Beans Sliced Peaches	<b>8/29</b> Supreme Pizza Cheeseburger/Hamburger Country Fried Steak w/Gravy Chef Salad w/Roll Mashed Potatoes Green Peas Carrot Sticks with Ranch Baked Apples	<b>8/30</b> Meat Eaters Pizza Chicken Club Sandwich Totally Taco Spicy Fries Pinto Beans Corn on the Cob Pear Halves
For more information about the meals served in Lincoln County Schools, visit the Child Nutrition website at <a href="http://www.lincoln.k12.nc.us">www.lincoln.k12.nc.us</a> or call us at 704-736-4301.		 <p><b>Back to School</b></p>		
An alternate sandwich (Cheese or Peanut Butter and Jelly) with Yogurt and Goldfish Crackers will be offered as an entrée choice each day. Side Salad will be offered as a vegetable choice. Fresh Fruit will be offered everyday as a fruit choice. Choice of milk offered everyday.				

### Free & Reduced Applications

It is the goal of Lincoln County Child Nutrition to make available to every student an attractive, nutritious, and pleasing meal at the lowest possible cost. For families with limited financial resources, free or reduced price meals are provided to eligible students. To qualify for free or reduced price meals, an application must be completed every school year.

You can now apply on-line for your children to receive free or reduced price school meals. To apply, simply go to [LunchApplication.com](http://LunchApplication.com). Paper applications will still be accepted and are available from your child's school.

### Special Dietary Needs

Students with medical conditions such as allergies and diabetes may request modification to school meals by completing a Diet Order form. Parents may obtain a Diet Order form from the Child Nutrition Manager, Child Nutrition Office, or online at [www.lincoln.k12.nc.us](http://www.lincoln.k12.nc.us). Modifications to student meals can not be made until a completed form with a physician's signature is received. For more information, contact Sharon Altemose at 704-736-1017 ext. 20124.