

**WEST LINCOLN HIGH SCHOOL**  
**Men's and Women's**  
**2018-19 SWIMMING SCHEDULE**

<u>Date</u>	<u>Site</u>	<u>Time</u>
November 29, 2018	Belmont Stowe YMCA	TBA
December 19, 2018	Belmont Stowe YMCA Teams: LHS, MHS, NLHS, WLHS	TBA
January 14, 2019	Belmont Stowe YMCA	TBA
January 17, 2019	Hickory YMCA	TBA
January ,2019	South Fork 2A Conference Meet Valdese Recreation Center	TBA

Head Coach	Tom Sain
Principal	Brian Clary
Athletic Director	David Avery