

North Lincoln High School
Men's Basketball
Fall Workout Schedule 2023

Date	Time	Location
9-11-23	3:15-4:45	Mini-Gym
9-13-23	3:15-4:45	Big Gym
9-18-23	3:15-4:45	Mini-Gym
9-20-23	3:15-4:45	Big Gym
9-25-23	3:15-4:45	Big Gym
9-27-23	3:15-4:45	Big Gym
10-2-23	3:15-4:45	Big Gym
10-4-23	3:15-4:45	Big Gym
10-9-23	3:15-4:45	Mini-Gym
10-11-23	3:15-4:45	Big Gym
10-16-23	3:15-4:45	Mini-Gym
10-18-23	3:15-4:45	Big Gym
10-23-23	3:15-4:45	Big Gym
10-25-23	3:15-4:45	Big Gym